

- ◆ Dual function stand for bodyweight exercises. Can be used by 2 people at the same time with safety and stability. Perform dips and push-ups with ease.

2 WAY PUSH UPS / DIP STAND

JHBR-109

- ◆ **DIMENSION:**
Length : 32 inches / 81 cms
Width : 46 inches / 117 cms
Height : 57 inches / 145 cms
Equipment Weight : 41 kg

- ◆ **MUSCLE WORKED:**
Pectoralis Major
Anterior Deltoids
Triceps Brachii

